

# NASHI

## Energy Starter Treatment

**INTENSIVE ENERGIZING  
ANTI-FALL AND  
ANTI-BREAKAGE TREATMENT**



Watch the video!

Energy Starter Treatment

### Treatment materials:



Armonia Scrub



Essential Energy Shampoo



Essential Energy Conditioner



Fortifying Intensive Treatment



Energy Brush

**Treatment duration:**  
15 minutes

### Who is it suitable for?

For those with **weakened hair** or who are **experiencing periods of stress**.

For those who want to **strengthen** and **prolong the life cycle** of the hair during peaks of occasional hair fall frequently connected to seasonal changes.

### What does it contain and what it does?

- **Armonia Scrub:** natural Pumice particles, cellulose, Zizyphus Joazeiro bark extract. Helps to gently exfoliate the scalp and maintain a healthy skin.
- **Essential Energy Line:** Capixyl™, amino acids, essential oils. Provides energy, strength and wellbeing to the hair with a dual anti-hair loss and anti-breakage action.

### Maintenance at home

We recommend using the **Essential Energy resale line** consisting of Essential Energy Shampoo, Conditioner & Fortifying Prevention Treatment.

### FAQ

- **When is the treatment recommended?**  
During the change of season or at times of particular stress when hair tends to fall out or break frequently.
- **Is it also suitable for men?**  
Absolutely. The Energy Starter treatment is also designed for all men who are searching for a preventive action and a solution to a temporary hair loss problem.
- **How often can I do the treatment?**  
Once or twice a week.
- **Is it possible to perform the treatment during pregnancy?**  
Essential Energy Line isn't recommended during pregnancy or while breastfeeding due to the presence of skin microcirculation activators. Pregnancy is a period during which more fragile capillaries may be present, the consumption of microcirculation activators could worsen the problem in people who are already predisposed.
- **Can I perform the treatment immediately after coloring and bleaching?**  
If the skin is sensitized, the client may experience discomfort.
- **Do the Fortifying Intensive Treatment vials make my hair greasy?** No, we recommend massaging them in until fully absorbed.

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### Method of use

-  1. **Apply Nashi Armonia Scrub** to damp hair and spread the product all over the scalp.
-  2. **Massage** for 2 minutes until a mousse is obtained.
-  3. **Leave on for 1 minute** and rinse.
-  4. **Apply Nashi Argan Essential Energy Shampoo** by massaging into the scalp and go over the lengths.
-  5. **Rinse thoroughly**, repeat the shampoo if necessary.
-  6. **Apply Nashi Argan Essential Energy Conditioner** to the lengths, leave on for 2-3 minutes before rinsing.
-  7. **Pat the hair dry and use a comb to part the hair** vertically in a few sections on the top of the head (centre and sides).
-  8. Open a **Fortifying Intensive Treatment** vial using the vial breaker and insert the spout.
-  9. **Apply the product drop by drop** on the scalp, in 3 places for each line.
-  10. **Gently massage for 3 minutes** with the Energy Brush to facilitate absorption of the active ingredients. **Do not rinse.**
-  11. Proceed with the desired styling.