Keratin Smoothing Treatment

SMOOTH, SHINY, **DISCIPLINED HAIR**



Keratin Smoothing Treatment

50 minutes

Treatment Materials:



Nashi Filler Therapy 1 Clarifying Shampoo



Nashi Filler Therapy **Keratin Smoothing Treatment**



Nashi Filler Therapy 3 Lifting Milk

Who is suitable for?

For all hair types, for better management at home.

Not recommended for those with oily hair.

Do not apply to damaged or sensitive skin.

What does it contain and what it does?

- Glyoxylic acid to smooth the hair.
- Keratin to protect the hair from high temperatures and make it shiny and full-bodied.
- Aloe vera with an emollient effect.

Maintenance at home

We recommend using the Filler Therapy Restorative line consisting of Restorative shampoo, conditioner and lifting mask.

Avoid shampoos containing Sodium Chloride, which would compromise the duration of the effect.

FAQ

Can I perform the treatment on damaged

Yes, by reconstructing the hair with Filler Therapy two weeks before the treatment.

- Can I color my hair after the treatment? Wait 48h or use an acid pH colour such as Nashi Color Tone on Tone or Refresh.
- Can I bleach my hair after the treatment? It is recommended to avoid or allow at least two months to pass before bleaching.
- How long can I wash my hair afterwards? Wait at least 24 hours.
- Can I do a ponytail after the treatment? This is not recommended as it would compromise the final effect.
- How long does the effect last? From 3-6 months depending on the hair type.

We recommend consulting the leaflet contained in the box.

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Method of use

1 - SMOOTHING EFFECT



1. Cleanse the hair with Filler Therapy Clarifying Shampoo (1)



2. Blow-dry hair completely



3. Divide the hair into 4/6 sections according to length and type of hair.



4. Wear protective gloves



5. Pour Nashi Filler Therapy Keratin Smoothing Treatment into a bowl referring to the following table for quantities:

HAIR LENGTH	PRODUCT QUANTITY
Long hair	60/70 g
Medium hair lenght	50 g
Short hair	40 g



6. Apply the product from root to tip with the help of a brush



7. Spread evenly over the lengths with a fine-toothed comb



8. Once the product has been applied to all the locks, leave on for 20 to 40 minutes depending on the type of hair.



9. Blow dry using hands adequately covered with protective gloves to spread the locks. Do not use a brush



10. Run the straightener over locks no thicker than 0.5 cm.

> Consult the following table before the operation to identify the most suitable mode in relation to the type of hair being treated

TYPE OF HAIR	STRAIGHTENER TEMPERATURE	STRAIGHTENER STEPS
Natural, thick, resistant	200-210°	15-18
Normal	190-200°	12-15
Colored	170-180°	10-12
Thin, sensitised	160-170°	6-8



@ 11. Rinse hair thoroughly to remove all product residue, do not use shampoo. Condition with Filler Therapy Lifting Milk (3)

2 - ANTI-FRIZZ EFFECT

Perform the same steps as for the straightening treatment, but omit step 10. In step 9 use a blow-drying brush in the case of thick and strong hair.